

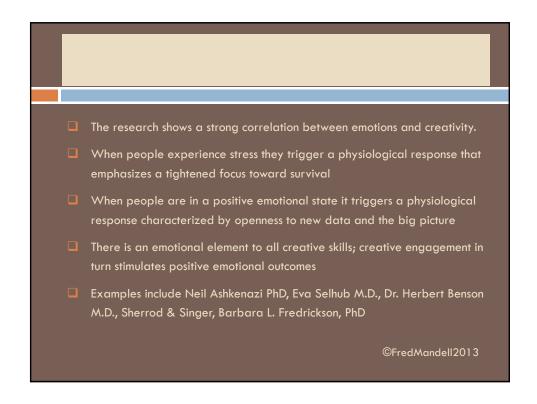
Presented by: Fred Mandell, Ph.D.

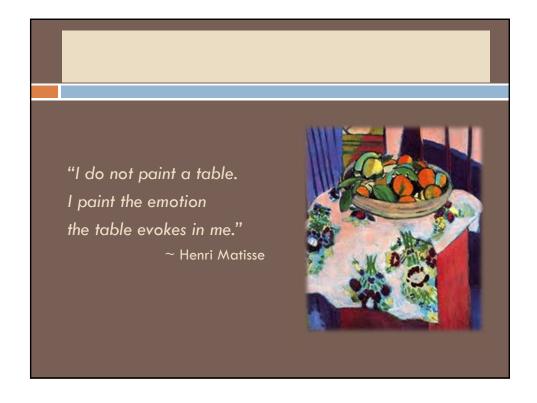


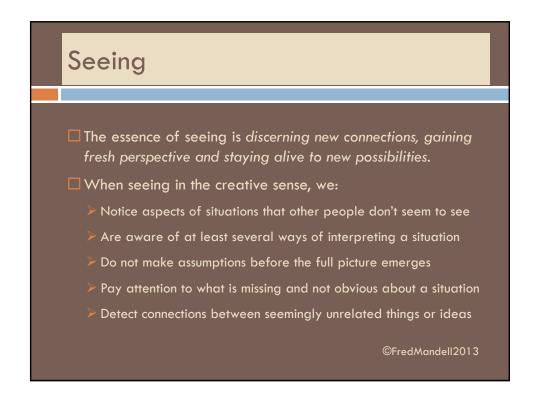
...and how do El and Creativity support and synergize the performance of leaders and ourselves.

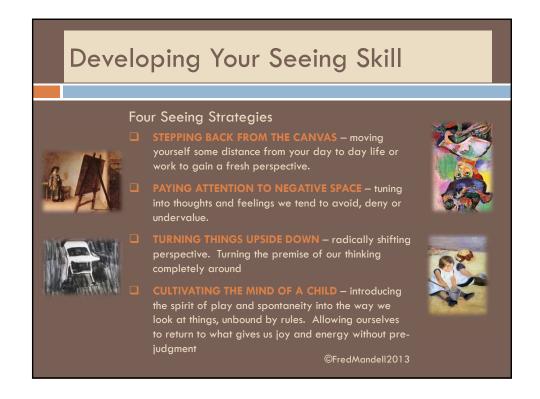


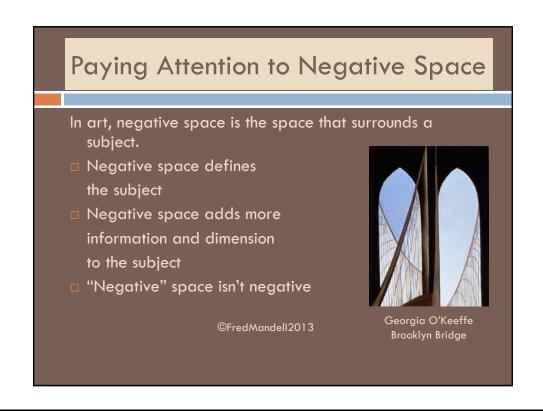
7 Creative Skills Definitions		
Preparation:	Deliberately engaging in activities that prepare the brain	
rreparation.	to undertake creative work	
Seeing:	Having the ability to discern new connections, gain fresh perspective, and stay alive to new possibilities	
Using context:	Understanding the environments in which one works and lives and using that knowledge to make changes in one's life or work	
Embracing uncertainty:	Acting on the opportunities, sometimes hidden, presented by change	
Risk-taking:	Acting without certainty of outcome.	
Collaboration:	Engaging with others to help develop new ideas or make desired changes	
Discipline:	Acting consistently whether or not one feels motivated	
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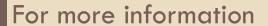


EQ-i2.0 Model of Emotional Intelligence	Seeing—having the ability to discern new connections, gain fresh perspective, and stay alive to new possibilities
SELF PERCEPTION > Self Regard > Self Actualization > Emotional Awareness	How does emotional awareness promote seeing? How does seeing sharpen emotional awareness?
SELF EXPRESSION Emotional Expression Assertiveness Independence	How does a sense of independence enhance seeing? How does seeing build confidence in independence?
INTERPERSONAL ➤ Interpersonal Relationships ➤ Empathy ➤ Social Responsibility	How does empathy contribute to seeing? How does seeing amplify empathy?
DECISION MAKING Problem Solving Reality Testing Impulse Control	How does problem solving draw on seeing? How does seeing accelerate problem solving?
STRESS MANAGEMENT Flexibility Stress Tolerance Optimism	How does flexibility enable seeing? How does seeing strengthen flexibility?

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EQ-i2.0 Model of Emotional Intelligence	Collaborating—engaging with others to help develop new ideas or make desired changes
SELF PERCEPTION > Self Regard > Self Actualization > Emotional Self- Awareness	How does emotional self-awareness contribute to collaboration? How does collaboration heighten emotional awareness?
SELF EXPRESSION Emotional Expression Assertiveness Independence	How does emotional expression contribute to collaboration? How does collaboration enhance emotional expression?
INTERPERSONAL ➤ Interpersonal Relationships ➤ Empathy ➤ Social Responsibility	How do interpersonal relationships support collaboration? How does collaboration leverage interpersonal relationships?
DECISION MAKING ➤ Problem Solving ➤ Reality Testing ➤ Impulse Control	How does reality testing show up in collaboration? How does collaboration integrate reality testing?
STRESS MANAGEMENT > Flexibility > Stress Tolerance > Optimism	How does optimism advance collaboration? How does collaboration support optimism?



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- □ The Leader's Studio offers:
 - > 21st Century Leader Development
 - Innovative solutions to current challenges: Fred's Bloutcher;
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Becoming a Life Change Artist; 7 Creative Skills to Reinvent Yourself at Any Stage of Life (Penguin)

